



## **Come Join the Team for a Cure**

**Did you know that 64 million Americans (1 in 5) adults and 300,000 children have arthritis?**

The Arthritis Walk<sup>SM</sup> is a nationwide non-competitive team-walking event that raises money to fund hundreds of programs and services that help people prevent and control arthritis, the nation's number one cause of disability.

The course is five kilometers (3.1 miles), with a one-mile distance option to accommodate all levels of fitness. Participants can choose to walk in honor of a loved one with arthritis, while honorees with arthritis lead the way wearing special blue hats to signify their action in taking control of their condition.

Walkers are encouraged to either join individually or as an Arthritis Walk team by recruiting five or more friends, family members, neighbors and co-workers.

**The Boise Arthritis Walk will be held  
Saturday, June 2 at Bronco Stadium  
South East Corner**



**Registration starts at 8:30 am and the Walk begins at 10:00 am.**

Bring family and friends to walk for a cure and  
enjoy the festivities on the blue turf.

To participate in the Arthritis Walk or to form a team, contact the Arthritis Foundation at 1-800-444-4993 or visit our website at [www.arthritis.org](http://www.arthritis.org). If you have any questions, please email Dayna Peay at [dpeay@arthritis.org](mailto:dpeay@arthritis.org)

**We hope to see you Saturday, June 2, supporting the number one cause of disability!**